



**EURO**<sup>TM</sup>  
**PLUS**

***Sport Nutrition***



## WHEY PROTEIN / Protein

Protein need for yours muscle regeneration during strenuous exercise, which is a powerful pump for a sportsman's body, given large amounts of protein. It is indispensable for both professional sportsmen and for those who just want to constantly keep fit. **WHEY PROTEIN** is an excellent source of additional fuel for the muscles. Will make your body explode of new muscle mass, you become a witness amazing metamorphosis that will not happen to anyone ... but with you!

**WHEY PROTEIN** – product made of milk whey by way of microstraining. It is an essential protein in building of lean muscle mass and increase power, speed and power factors. Improves the efficiency and endurance. **WHEY PROTEIN** can be used with any food for the increasing number of protein consumed, or just instead of food. This product is oriented to provide your muscle by proteins (albumin) in peak serum concentration. **WHEY PROTEIN** has a unique kinetics of absorption of amino acids, whey peptides are actively transported into the circulatory system and muscles. Faster absorption of whey protein provides the active release of energy that allows for faster restores and build muscle mass. Proteins have a low content of lactose, fats and carbohydrates. **WHEY PROTEIN** is easily mixed and turns into a delicious protein shake.

**Indication:** increase power, speed and power factors; rapid recovery of the organism; building -up physique; increasing of efficiency and endurance.

**Portions in the package:** 2400 g / 80, 810 g / 27

**The size of single addition:** 30 g (the size of the 1st measured spoon with a hill of 30 g)

**Method of application:** mix 1portion (1 measured spoon) with 250-300 ml of water or skimmed milk. Take 1-3 servings daily, one serving should be taken after a workout. Dosage, time and method of application are established by the coach or doctor for each individual athlete.

**Ingredients:** ultrafiltrated whey protein, vitamin complex (vitamins B1, B6, B12, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), a sweetening agent - sodium saccharin (E 952), natural flavor.

**Flavors:** vanilla, chocolate, strawberry, natural, coffee, banana, pineapple.

### Amount of nutrients in 1 portion

Calories	115,5 kcal	Threonine	1388,4 mcg
Protein	24 g	Tryptophan	858,3 mcg
Carbohydrates	4,2g	Alanin	331,8 mcg
Fats (Triglyceride)	0,3g	Cystine	1253,1 mcg
Vitamin A	750 IU	Methionine	639,6 mcg
Vitamin B1	1,5 mg	Arginine	691,8 mcg
Vitamin B6	0,3 mg	Histidine	612,3 mcg
Vitamin B12	0,9 mg	Glycine (aminoacetic acid)	113,4 mcg
Vitamin C	9 mg	Serine	260,1 mcg
Vitamin E	4,5 mg	Phenylalanine	1198,8 mcg
Calcium	33 mcg	Lysine	3258,6 mcg
Potassium	43,5 mcg	Riboflavin	255 mcg
Ferrum	0,1 mcg	Proline	258,6 mcg
Niacin (vitamin PP)	1,8 mg	Folic acid	60 mcg
Leucine	3762,9 mcg	Pantothenic acid	1,5 mg
Isoleucine	1922,7 mcg	Asparaginic acid	2941,2 mcg
Amino isovaleric acid(valine)	1359,3 mcg	Glutamine acid	4129,8 mcg



## SUPER EGG / Protein

You wish to achieve effective muscle growth and maximum results? Then you need the egg-white, which is an excellent source of pure protein and has anti-cholesterol properties! Egg protein has the most balanced amino acid composition, and therefore it is considered as a standard of a biological value. Amino acids in egg white contains the necessary balance for us, and the process of assimilation flows fairly quickly. This protein prevents muscle tissue from destruction after its consumption appear feeling of good solid muscle strength and energy. The latest arsenal of protein ingredients will run over your arteries and veins, noting the boundaries of muscle growth, command to your muscles to grow and grow. They will become massive and hard as granite, in a few days. None one bodybuilder could not even imagine that it is possible!

**OLIMPIC SUPER EGG** – unique high-protein formula with protein content up to 85 %. It is an excellent product used for high and intensive physical activities and sports training. The mixture is perfect egg protein formula that uses all high-level athletes.

**OLIMPIC SUPER EGG** – the highest achievement in the development of effective protein supplements, based on the pure egg white and does not contain cholesterol. Product represents a protein of the highest degree of assimilation (bio availability). It reinforce the process of metabolism and helps to increase athletic performance. The ingredients of this complex - a unique collection of high quality amino acids received from egg proteins, enriched with vitamins and minerals that favorably affect the operation of muscle cells. This excellent compound does not contain sugar, and supplies the body with essential amino acids for muscle tissue's building. **OLIMPIC SUPER EGG** ideal for athletes of all kinds of sports for the development of various physical properties. It is also a product for the preservation of the joints. Protein powder **OLIMPIC SUPER EGG**, is not only rich in valuable proteins, but also contains a large number of glycine. These active components of substances protect the joints from wear and damage during intensive training.

**Indication:** rapid recovery; complementary energy; muscle gains; increase in power rates.

**Portions in the package:** 1600 g / 64, 575 g / 23

**The size of single addition:** 25 g (the size of the 1st measured spoon with a hill of 25 g)

**Method of application:** mix 1 portion (1 measured spoon) with 200-300 ml of milk (water, juice). Take 1-2 servings per day, one of them preferably after 30-40 minutes after your workout. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** egg protein (albumin), glucose, pollen, vitamin complex, natural flavor, saccharin sodium (E952).

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.

### Amount of nutrients in 1 portion

Calories	101,5 kcal	Tryptophan	68,1 mg
Protein	21,3 g	Alanin	147,5 mg
Carbohydrates	3 g	Cystine	30 mg
Fats (Triglyceride)	0,5 g	Arginine	576,5 mcg
Vitamin A	625 IU	Histidine	510,3 mcg
Vitamin B1	1,3 mg	Glycine (aminoacetic acid)	90,6 mg
Vitamin B6	0,3 mg	Serine	296,8 mg
Vitamin B12	0,8 mg	Phenylalanine	244,4 mg
Vitamin C	7,5 mg	Lysine	141,9 mg
Vitamin E	3,8 mg	Methionine	136,3 mg
Niacin (vitamin PP)	1,5 mg	Riboflavin	212,5 mcg
Leucine	458,1 mg	Folic acid	50 mcg
Isoleucine	261,3 mg	Pantothenic acid	1,3 mg
Amino isovaleric acid(valine)	340,6 mg	Asparaginic acid	340,6 mg
Threonine	212,5 mg	Glutamine acid	1040,6 mg





## MILK PROTEIN (CASEIN) / Protein

Create a strong and athletic body! But to this effect not enough to spend days in workout facility. For the growth of muscle is important that the body received more nutrients than is consumed. It's source are carbohydrates and proteins in a balanced combination. **MILK PROTEIN** – perfect classic combination of these components. **MILK PROTEIN** – is needed for achieving the progressive build muscle mass and decreasing body fat. The high protein content in the mixture makes it possible to athletes keep a positive nitrogen balance in body for longest time. Protein - it is the most important nutrient for the human body. It is a building material for muscle tissue. For intensive training human needs more high-quality protein. **MILK PROTEIN** contains an excellent protein formula that fits the human body and provides all the necessary amino acids in optimal ratios to achieve maximum anabolism. The product can be used as an substitute of food. Low content of carbohydrates helps to maintain lean body mass. **MILK PROTEIN** is actively involved in the restoration of the organism during intense physical activity, increases efficiency, power rates and activates muscle growth. The main source of protein in this formula is a concentrated milk protein (calcium caseinate).

**Indication:** activation of muscle growth, increase efficiency, improve power performance, restoration of the body.

**Portions in the package:** 3280 g / 82, 1120 g / 28

**The size of single addition:** 40 g (the size of the 1st measured spoon without slides 20 g)

**Method of application:** mix 1 portion (2 measure spoons) of skimmed milk (water, juice). Take 2-3 times a day between meals, including 1 once in the morning after a workout. Dosage, time and method of application are established by the coach or doctor for each individual athlete.

**Ingredients:** milk protein, milk powder, glucose, gelatin, vitamin complex (vitamins B1, B6, B12, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), a sweetening agent - sodium saccharin (E 952), natural flavor.

**Flavors:** vanilla, chocolate, strawberry, natural, coffee, banana, pineapple.



### Amount of nutrients in 1 portion

Calories	154,4 kcal	Alanin	442,4 mg
Protein	32 g	Cystine	1670,8 mg
Carbohydrates	4,8 g	Methionine	852,8 mcg
Fats (Triglyceride)	0,8 g	Arginine	922,4 mcg
Vitamin B1	1,1 mg	Histidine	816,4 mcg
Vitamin B2	1,2 mg	Glycine (aminoacetic acid)	151,2 mg
Vitamin B6	1,8 mg	Serine	346,8 mg
Vitamin B12	1,4 mg	Phenylalanine	1598,4 mg
Vitamin C	76 mg	Lysine	4344,8 mcg
Niacin (vitamin PP)	16,4 mg	Riboflavin	340 mcg
Biotin	0,06 mg	Prolin	344,8 mcg
Isoleucine	2563,6 mg	Folic acid	80 mcg
Valine	1812,4 mcg	Pantothenic acid	2 mg
Threonine	1851,2 mcg	Asparaginic acid	3921,6 mcg
Tryptophan	1144,4 mg	Glutamine acid	5506,4 mcg



## MILK AND WHEY PROTEIN / Protein

Strong relief body - is not only resistant workout! It is also a competent use of protein and vitamins. **MILK AND WHEY PROTEIN** – exactly what you need! Through this mixture you will feel a surge of muscle activity and rapid recovery after athletic loads.

**MILK AND WHEY PROTEIN** – a highly effective product with a very low fat content, which includes high-quality protein and all the basic components needed for a quick building muscle mass.

The protein portion of **MILK AND WHEY PROTEIN** is a precisely calculated combination of milk and whey proteins of the highest quality, and also all the major vitamins and minerals. The product effectively maintains a positive nitrogen balance of your body, helps the body for quickly recover after a workout, optimizes metabolism, prevents the breakdown of muscle tissue, promotes the splitting of sugar for energy, accelerate growth of muscle mass. **MILK AND WHEY PROTEIN** – the optimal mix of milk and whey proteins. **MILK AND WHEY PROTEIN** is composed of eighty percent milk protein and eighty-five percent whey protein. This protein complex has the highest metabolic activity, contains all the essential amino acids in the maximum amount and proportion, that promotes their full absorption. In addition, the concentrate contains iron, magnesium, calcium and all essential vitamins, essential during power loads. At the same the product is substantially free of fat , and also cholesterol and sugar, which have a negative effect on protein synthesis in muscle. **MILK AND WHEY PROTEIN** helps to improve the quality of the muscles during intense workouts, as well as increasing muscle mass almost with a minimal amount of fat.

**Indication:** building-up physique; improving the quality of the muscles; acceleration of metabolic processes, improvement of health.

**Portions in the package:** 2940 g / 98, 990 g / 33

**The size of single addition:** 30 g (the size of the 1st measured spoon without slides 20g)

**Method of application:** mix 1 portion (1,5 measuring spoons) with 250-300 ml of skim milk (water, juice). Take 1-3 servings per day for up to 2 hours before exercise and after 20-30 minutes. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** ultrafiltrated whey protein, milk protein, vitamin complex (vitamins B1, B6, B12, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), a sweetening agent - sodium saccharin (E 952), natural flavor.

**Flavors:** vanilla, chocolate, strawberry, natural, coffee, banana, pineapple.



### Amount of nutrients in 1 portion

Calories	121,5 kcal	Vitamin C	9,6 mg
Protein	22,5 g	Vitamin E	4,5 mg
Carbohydrates	4,5g	Niacin (vitamin PP )	2,8 mg
Fats (Triglyceride)	1,5g	Riboflavin	255 mcg
Vitamin A	750 IU	Calcium	205,5 mg
Vitamin B1	0,3 mg	Ferrum	1,3 mg
Vitamin B2	0,5 mg	Magnezium	33,3 mg
Vitamin B6	0,5 mg	Folic acid	60 mcg
Vitamin B12	0,7 mcg	Pantothenic acid	1,5 mg

## PRO – 1 COMPLEX / Protein

To achieve the best results it is need **PROTEIN PRO – 1 COMPLEX**. The product is recommended for a wide range of people engaged in **ATHLETICS AND GYMNASTICS**, as a means of supplementary feeding and acceleration of renewal processes. **PROTEIN PRO – 1 COMPLEX** compensates the lack of protein in daily diet, helps to strengthen muscles and improve the power performance. Can be used in both the preparatory and competitive period of athletes. The effective formula is composed of milk protein, egg albumin, herbal extracts, vitamins and amino acid complexes. Milk protein contributes to the constant influx of amino acids, increasing strength and muscle endurance. Unlike other proteins, it is cleaved in the body for a long time and this contributes to a more prolonged release of energy for growth and strengthening of muscle mass, and generally enhancing metabolic processes. Egg protein - an excellent source of sulfur containing amino acids, providing a high assimilation of proteins. There is no lactose, fat and cholesterol. It includes niacin, riboflavin, magnesium, potassium and other essential nutrients for the organism. Vitamin complex and herbal extracts promote a more rapid recovery of the organism, improve vital activity and tone of the body.

**Indication:** recovery of the body, the growth of quality muscle mass, increase efficiency, increase power and speed - power indicators.

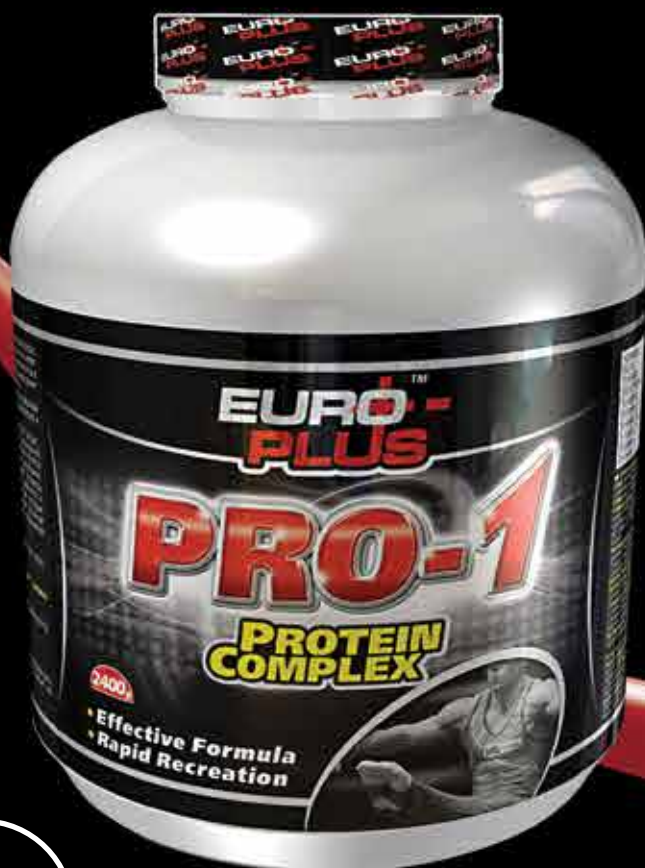
**Portions in the package:** 2400 g / 80, 900 g / 30

**The size of single addition:** 30 g (the size of the 1st measured spoon with a hill of 30 g)

**Method of application:** mix 1 portion (1 measured spoon) with 200-250 ml of water (milk, juice, mineral water). Take 3 times a day: in the morning for half an hour before a meal, an hour before training and one hour after. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** milk protein, egg protein, vitamin premix (vitamin B1, B6, B12, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), vegetable extracts (ginseng, rhodiola rosea, chinese magnolia vine, echinacea, chicory), flavoring, sugar substitute.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	105 kcal	Proline	1,9 g
Protein	22,5 g	Cystine	0,4 mg
Carbohydrates	3 g	Methionin	0,6 g
Fats (Triglyceride)	0,3 g	Histidine	0,6 g
Vitamin A	750 IU	Glycine (aminoacetic acid)	0,4 g
Vitamin B1	0,9 mg	Serine	1,2 g
Vitamin B2	0,9 mg	Thirosin	1,06 g
Vitamin B6	1,4 mg	Phenylalanine	1,1 mg
Vitamin B12	1,1 mg	Lysine	2 g
Vitamin C	57,3 mg	Riboflavin	255 mcg
Vitamin E	9,7 mg	Asparaginic acid	2 mg
Niacin (vitamin PP)	12,4 mg	Folic acid	60 mcg
Leucine	2,5 mg	Pantothenic acid	1,5 mg
Isoleucine	1,1 mg	Glutamine acid	4,6 mg
Valine	1,4 g	Carotin B	3,2 mg
Threonine	0,9 mg	Chinese magnolia vine	18 mg
Tryptophan	0,4 mg	Rhodiola rosea	15 mg
Alanin	0,9 mg	Ginseng	12 mg
Arginine	0,8 g	Echinacea	15 mg
Biotine	0,05 mg		



## PRO – 2 COMPLEX / Protein

**PROTEIN PRO – 2 COMPLEX** – the latest integrated product with a powerful formula that will fill you with the maximum charge its energy and strength. **PROTEIN PRO – 2 COMPLEX** increases the amount of cells synthesizing muscle protein. This leads to significant growth of muscles size and strength, improve the effectiveness of your workout, as well as endurance with a maximum recovery of energy which you have spent. **PROTEIN PRO – 2 COMPLEX** - one of the best complexes containing egg albumin, milk casein, soy protein isolate. Milk protein (casein) was slowly releases energy than helping to sustain a more prolonged and intense exercise (to carry heavy loads and to increase the intensity). Egg protein (egg albumin), fills a wide range of amino acids and vitamins, provides a rapid release of energy fills the muscles and inhibits protein catabolism processes. Soy protein is essential for building muscle mass and more rapid recovery, and also helps to increase strength and improve body shape. Herbal extracts and amino acids that make up the **PROTEIN PRO-2 COMPLEX**, give the body extra energy, stamina, increase immunity and muscle tone. The product is used in heavy physical exertion, the neuro-muscular exhaustion. **PROTEIN PRO-2 COMPLEX** will allow athletes to sports such as judo, freestyle wrestling and Greco-Roman **COMBATING** show the best results and fill you with a powerful energy during training and during matches!

**Indication:** The intensification of muscle growth, improve the relief of the body, restoring the body after physical activity, improve power performance.

**Portions in the package:** 2400 g / 80, 900 g / 30

**The size of single addition:** 30 g (the size of the 1st measured spoon with a hill of 30 g)

**Method of application:** mix 1 portion (1 measured spoon) with 200-250 ml of water (milk, juice, mineral water). Take 3 times a day: in the morning for half an hour before a meal, an hour before training and one hour after. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** milk proteins, egg albumin, vitamin premix (vitamin B1, B6, B12, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), vegetable extracts (ginseng, radiograms pink echinacea, licorice root, chicory, chinese magnolia vine, rhaponticum), flavoring, sweetener.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.

### Amount of nutrients in 1 portion

Calories	106,5 kcal	Alanine	0,9 g
Protein	25,5 g	Cystine	0,4 g
Carbohydrates	0,5 g	Methionin	0,6 g
Fats (Triglyceride)	0,3 g	Arginine	0,8 g
Vitamin A	750 IU	Histidine	0,6 g
Vitamin B1	1,5 mg	Glycine (aminoacetic acid)	0,4 g
Vitamin B6	0,3 mg	Glutamine	1,5 g
Vitamin B12	0,9 mg	Serine	1,1 g
Vitamin C	9 mg	Phenylalanine	1,1 g
Vitamin E	4,5 mg	Lysine	2 g
Calcium	96 mg	Riboflavin	255 mcg
Potassium	66 mg	Proline	2,2 g
Magnesium	16,5 mg	Folic acid	60 mcg
Natrium	38,4 mg	Pantothenic acid	1,5 mg
Ferrum	1,8 mg	Asparaginic acid	2941,2 mcg
Phosphorus	50,4 mg	Glutamine acid	4,5 g
Niacin	1,8 mg	licorice root	21 mg
Leucine	2,4 g	Rhodiola rosea	18 mg
Isoleucine	1,1 g	Chinese magnolia vine	12 mg
Valine	1,4 g	Rhaponticum carthamoides	6 mg
Taurine	150 mg	Echinacea	15 mg
Tyrosine	1,2 g	Ginseng	12 mg
Threonine	0,9 g	Chicory	9 mg
Tryptophan	0,3 g		





## PRO – 3 COMPLEX / Protein

**PROTEIN PRO – 3 COMPLEX** – effective solution for creating a powerful, strong and enduring body. Promotes intensive synthesis of muscle mass, as well as restoration of the body both in the period of training and during competition. **PROTEIN PRO - 3 COMPLEX** - an universal formula for building a strong muscular frame. In the mixture contained high quality caseinate and soybean protein isolate, as well as vitamin - mineral complex. Balanced formula nourishes the body and contributes to the explosive energy of the instantaneous flow of protein in muscle. Casein, due to the slow absorption of the digestive tract, gradually release the energy for muscle growth and recovery of the body in the shortest possible time. Soy protein is a potent antioxidant, which speeds up recovery after an intense workout. In addition, soy protein increases the production of nitric oxide, and guaranteed increases synthesis of growth hormone. Included in the plant extracts Ginseng, Rhaponticum, licorice root, Chinese magnolia vine, alfalfa cover the body with extra energy, give the tone of your muscles and strengthen the body's recovery process after strenuous exercise.

**PROTEIN PRO - 3 COMPLEX** is recommended for such use of force and comprehensive energy sports like rugby and American football, helping to build muscle mass, explosive growth of the power indices, rapid recovery and maximum performance.

**Indication:** building of muscle mass, increase of efficiency, improve power performance, the rapid recovery of the body, replenishing of consumed energy.

**Portions in the package:** 2700 g / 90, 975 g / 32

**The size of single addition:** 30 g (the size of the 1st measured spoon without slides 15g)

**Method of application:** mix 1 portion (2 measuring spoons) with 250-300 ml of milk (water, juice). Take 2-3 times a day between meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** milk protein, soy protein, vitamin premix (vitamin B1, B6, B12, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), a complex of plant extracts (ginseng, rhaponticum, licorice root, chinese magnolia vine, alfalfa), flavors, sweetener

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	126 kcal	Arginine	1 g
Protein	26,1 g	Cysteine	0,1 g
Carbohydrates	2,7 g	Methionin	0,9 g
Fats (Triglyceride)	1,2 g	Histidine	1 g
Vitamin A	750 IU	Glycine (aminoacetic acid)	0,6 g
Vitamin B1	0,4 mg	Serine	1,8 g
Vitamin B2	0,5 mg	Phenylalanine	1,3 g
Vitamin B6	0,6 mg	Lysine	2,4 g
Vitamin C	15 mg	Riboflavin	255 mcg
Vitamin E	2,4 mg	Folic acid	60 mcg
Calcium	294 mg	Pantothenic acid	1,5 mg
Magnesium	34,5 mg	Glutamine acid	5,1 mg
Niacin	1,8 mg	Licorice root	21 mg
Leucine	3,7 g	Rhaponticum carthamoides	6 mg
Isoleucine	1,7 g	Chinese magnolia vine	12 mg
Valine	2,2 g	Alfalfa	9 mg
Treonine	1,6 g	Ginseng	12 mg
Tryptophan	0,4 g		

## PRO – 4 COMPLEX / Protein

**PROTEIN PRO - 4 COMPLEX** irreplaceable product for increasing of muscle and for maintaining of your body at high physical activity. This complex will help you maximize gains in lean muscle mass and allow to achieve rapid recovery after workouts.

**PROTEIN PRO - 4 COMPLEX** is the protein product of the plant-based. Soy protein isolate is very easily digested and serves as an indispensable source of protein, vitamins and minerals.

**PROTEIN PRO-4 COMPLEX** accelerates the process of restoring the body after strenuous exercise. This effective formula is recommended for recruitment of muscle mass and improve the relief of the body. Plant extracts increased muscle tone, enhance immune system, accelerate the recovery of the nervous system during exercise and replenish spent energy. Contribute to enhance the functionality of the system during active sports training process.

**Indication:** building of muscle mass, increase of efficiency, improve power performance, the rapid recovery of the body, replenishing of consumed energy.

**Portions in the package:** 2250 g /30, 750 g / 10

**The size of single addition:** 75 g (the size of the 1st measured spoon with a hill of 25 g)

**Method of application:** mix 1 portion (3 measuring spoons) with 250 ml of milk (water, juice). Take 2 times a day for 2 hours before exercise and within an hour after your workout. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** soy protein, vitamin premix (vitamin B1, B6, B12, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), a complex of plant extracts (licorice root, rhaponticum carthamoides, chinese schizandra, rhodiola rosea, ginseng, flavor, saharinat sodium (E952)).

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino

### Amount of nutrients in 1 portion

Calories	298 kcal	Methionin	0,9 g
Protein	68 g	Arginine	4,4 g
Carbohydrates	5 g	Glycine (aminoacetic acid)	2,9 g
Fats (Triglyceride)	0,75 g	Serine	3,5 g
Vitamin A	1875 IU	Phenylalanine	3,4 g
Vitamin B1	3,8 mg	Lysine	4 g
Vitamin B6	0,75 mg	Riboflavin	637,5 mcg
Vitamin B12	2,3 mg	Proline	3,2 g
Vitamin C	22,5 mg	Folic acid	150 mcg
Vitamin E	11,3 mg	Pantothenic acid	3,8 mg
Niacin	4,5 mg	Asparaginic acid	7,6 g
Leucine	5,4 g	Glutamine acid	11,9 g
Isoleucine	3,2 g	Licorice root	56,3 mg
Valine	2,1 g	Rhaponticum carthamoides	22,5 mg
Tyrosine	0,8 g	Chinese magnolia vine	37,5 mg
Treonine	2,4 g	Rhodiola rosea	52,5 mg
Tryptophan	2,9 g	Ginseng	30 mg
Cysteine	0,8 g		





## SOY PROTEIN / Protein

**SOY PROTEIN** - it is a reality to create a beautiful and strong body! **SOY PROTEIN** - especially high-quality protein, containing all essential amino acids, vitamins and minerals. Dedicated soybeans - supra, is a major component of the product. This efficient complex does not contain lactose and is virtually fat-free product. Carbohydrates are found in the minimum amount. **SOY PROTEIN** is used as a product to build muscle, reduce fat tissue due to the acceleration of metabolic processes, to quickly recover after heavy physical exertion. **SOY PROTEIN** is possible to apply during the period of drying in the preparatory process for the competition, as well as during and implementing a complex, restores strength and physical activity, due to its quick and easy digestibility. **SOY PROTEIN** is endowed with many of the properties with one goal: a much more intense and effective workout!

**Indication:** building of muscle mass, improve power performance, the rapid recovery of the body, decrease in fat tissue.

**Portions in the package:**  
2340 g / 78, 810 g / 27

**The size of single addition:**  
30 g (the size of the 1 st measured spoon without slides 15 g)

**Method of application:**  
mix 1 portion (2 measuring spoons) in 250-300 ml water (milk, juice). Use according to the individual need of the organism in the protein. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** soy protein, soy concentrate, vitamin premix, flavors, sweetener.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.

**Amount of nutrients in 1 portion**

Calories	114,3 kcal	Pantothenic acid	0,8 mg
Protein	27 g	Folic acid	12 mcg
Carbohydrates	0,9 g	Thiamin	0,1 mg
Fats (Triglyceride)	0,3 g	Ferrum	2,3 mg
Vitamin A	750 IU	Zinc	2,6 mg
Vitamin B6	0,1 mg	Phosphorus	0,2 g
Vitamin B12	1,3 mg	Natrium	0,1 g
Vitamin C	2,6 mg	Potassium	0,2 g
Vitamin D	90 IU	Calcium	0,6 g
Niacin	0,3 mg	Magnesium	24,6 mg
Riboflavin	0,4 mg		





## SOY PROTEIN PLUS / Protein

**SOY PROTEIN PLUS** - is something that once seemed unattainable, can now be yours! **SOY PROTEIN PLUS** is a powerful blend of pure carbohydrates, unsaturated difficulties in recruiting lean body mass. This high performance formula contains the best ingredients, mixed through a process of ultrafiltration. The product does not have steroids. By mixing this complex with milk, water or juice, you get a powerful concentrated source of key nutrients and high-calorie formula. **SOY PROTEIN PLUS** is necessary for the conservation of energy and a set of large, high-quality muscle mass. This complex is designed to ensure that you have strength, endurance, high performance and longer workouts!

**Indication:** building of muscle mass, improve power performance, increase in power rates.

**Portions in the package:** 2475 g / 33, 825 g / 11

**The size of single addition:** 75 g (the size of the 1 st measured spoon with a hill of 25 g)

**Method of application:** mix 1 portion (3 measuring spoons) with 250 ml of milk (water, juice). Take 2-3 times a day in addition to or in between meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** soy protein isolate, supra, milk powder, vitamin complex, sweetener, taste flavoring.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	336kcal	Ferrum	3,4 mg
Protein	37.5 g	Calcium	375 mg
Carbohydrates	1.5 g	Vitamin A	1875 IU
Fats (Triglyceride)	36 g	Vitamin C	22,5 mg
Potassium	393,6 mg	Vitamin E	11,3 mg
Natrium	176,3 mg	Vitamin B6	0,8 mg
Manganese	375 mg	Vitamin B12	2,3 mg
Cuprum	37,9 mcg	Folic acid	150 mcg
Magnesium	75 mg	Pantothenic acid	3,8 mg
Phosphorus	187,5 mg	Riboflavin	637,5 mcg

## BODY STAR 90 / Protein

Create a strong and relief body with the BODY STAR 90. BODY STAR 90 - source of high quality of plant origin protein, used as an additional tool for the rapid restoration of athletes with great physical exertion, as well as to increase your muscle mass and maintain them in good shape. Basis is soy protein isolate, which has a high biological activity and the effect of prolonged action. This means that your muscles will get for a long time a protein that does not contain lactose. The product contains organic soy protein, as well as in the optimal amount of amino acids, vitamins and minerals. Soy contains the BCAA, glutamine, arginine and isoflavones, compounds with multiple positive effects more than any other protein. BODY STAR 90 fully meets the standards of consumption of essential and nonessential amino acids. Soy protein isolate is required during preparation for competition because the product helps to reduce body fat and create the desired muscles.

**Indication:** rapid increase in muscle mass, to speed up the recovery of the body, increase efficiency, inhibition of catabolic processes.

**Portions in the package:** 2300 g / 92, 800 g / 32

**The size of single addition:** 25 g (the size of the 1st measured spoon with a hill of 25g)

**Method of application:** mix 1 portion (1 measured spoon) with 200-250 ml of water (milk, juice). Take 2-4 times a day between meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** soy protein isolate, vitamin complex, sweetener, taste flavoring.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.

### Amount of nutrients in 1 portion

Calories	97,8 kcal	Potassium	0,2 mg	Pantothenic acid	0,5 mg	Leucine	1,8 g
Protein	22,5 g	Natrium	0,1 mg	Folic acid	10 mcg	Lysine	1,4 g
Carbohydrates	1,4 g	Phosphorus	0,2 mg	Alanine	1 g	Methionin	0,3 g
Fats (Triglyceride)	0,3 g	Magnesium	20 mg	Arginine	1,7 g	Phenylalanine	1,2 g
Vitamin A	775 IU	Zinc	2,1 mg	Asparaginic acid	2,6 g	Proline	1,1 g
Vitamin C	2,2 mg	Iodine	37,5 mcg	Cysteine	0,3 g	Serine	1,2 g
Vitamin B6	0,08 mg	Ferrum	2,1 mg	Glutamine acid	4,2 g	Threonine	0,8 g
Vitamin B12	0,9 mg	Thiamin	0,08 mg	Glycine (aminoacetic acid)	0,9 g	Tryptophan	1,2 g
Vitamin D	100 IU	Riboflavin	0,3 mg	Histidine	0,6 g	Tyrosine	0,3 g
Calcium	0,4 mg	Niacin	0,2 mg	Isoleucine	1,08 g	Valine	0,8 g



## SUPER FORMULA 80 / Protein

The incredible power of **OLYMPIC 80 SUPER FORMULA** able to give you quality gains in muscle mass and restore the body after heavy training. The basis **OLYMPIC 80 SUPER FORMULA** with a protein content is 80% of egg white. Egg protein is one of the most complete sources of protein, it provides the organism with the ideal ratio of amino acids and has a high biological value. **OLYMPIC 80 SUPER FORMULA 80** can eliminate the deficit of protein in the daily ration. The product contains all the vitamins which are needed for the athlete's body. It is recommended during the grueling physical exertion on the muscular system also can be used for correction of supply and recreational purposes as a supplement to the daily ration of unbalanced diet.

**Indication:** activation of regenerative processes, increase power performance, muscle growth, protein synthesis.

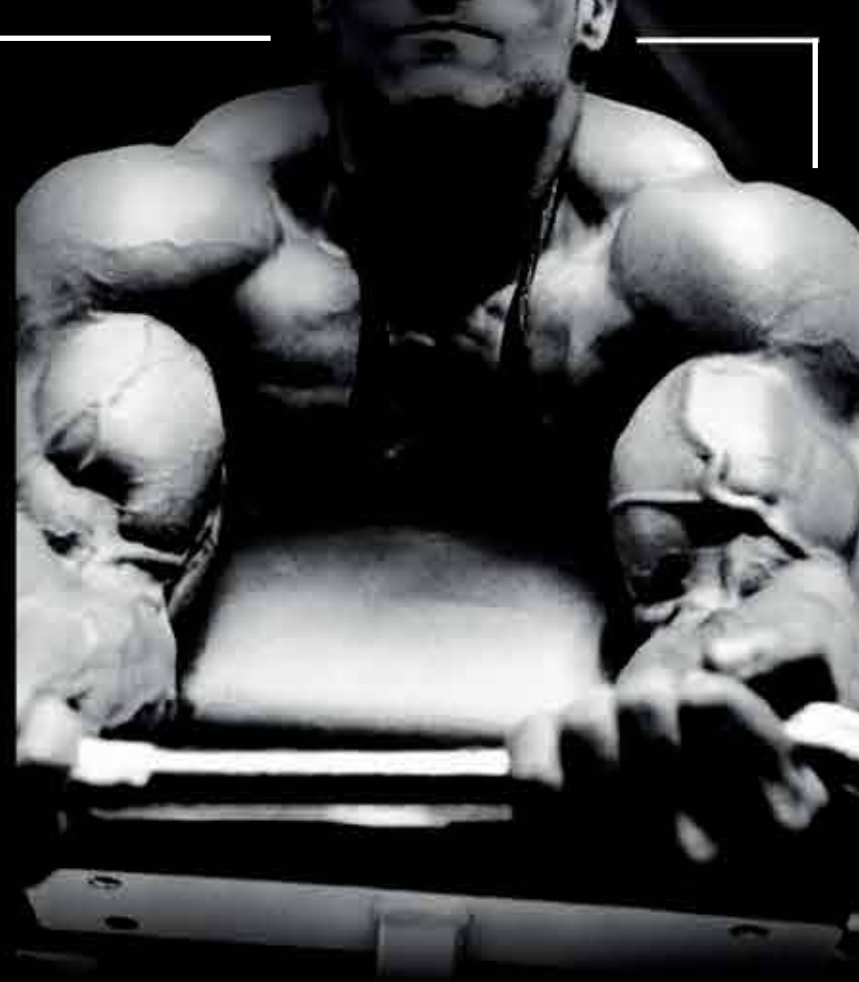
**Portions in the package:** 2400 g / 48, 1000 g / 20

**The size of single addition:** 50 g (the size of the 1 st measured spoon without slides 25g)

**Method of application:** mix 1 portion (2 measuring spoons) with 300 ml of milk (water, juice). Take 1-3 servings per day no later than 2 hours before or after a workout. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** milk protein, milk powder, egg protein, vitamin premix (vitamin B1, B6, B12, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), flavoring, sweetener.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	243 kcal	Vitamin B6	0,5 mg	Histidine	1,5 g	Arginine	1,8 g
Protein	40 g	Vitamin B12	1,5 mg	Leucine	4,6 g	Asparaginic acid	3,4 g
Carbohydrates	7,5 g	Calcium	348 mg	Tryptophan	0,7 g	Pantothenic acid	2,6 mg
Fats (Triglyceride)	2,5 g	Ferrum	2,2 mg	Tyrosine	2,5 g	Glutamine acid	10,2 g
Vitamin A	1250 IU	Magnesium	52,5 mg	Lysine	3,8 g	Cystine	0,2 g
Vitamin C	15 mg	Isoleucine	2,6 g	Valine	3,3 g	Glycine	0,9 g
Vitamin E	7,5 mg	Threonine	2,1 g	Alanine	1,4 g	Proline	4,8 g
Vitamin B1	2,5 mg	Phenylalanine	2,5 g	Methionin	1,4 g	Serine	2,8 g





## Protein Standard Formula / Protein

Due to **PROTEIN STANDARD FORMULA** occurs the rapid growth of muscle mass, strength and endurance! The main components of this product are egg protein albumin, and soy isolate. This combination of high-performance fast and slow digesting proteins that are involved in the process of improving efficiency, increase energy and restore the body after heavy training. The main components of the mixture help athletes easier to carry a grueling training process. The product consists of calcium, phosphorus, magnesium, potassium and ferrum. **PROTEIN STANDARD FORMULA** perfectly suited to those who are engaged in Armwrestling, fighting, and those sports that require endurance and superpower. **PROTEIN STANDARD FORMULA** is aimed to show the best results!

**Indication:** activates the anabolic amino acids, increases protein synthesis, stimulates muscle development; maximize lean muscle mass.

**Portions in the package:** 2250 g / 45, 750 g / 15

**The size of single addition:** 50 g (the size of the 1st measured spoon with a hill of 25 g)

**Method of application:** mix 1 portion (2 measuring spoons) in 200-250 ml water (milk, juice). Take 3 times a day: in the morning 1 hour before breakfast, day 1 hour after dinner and before bedtime. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** egg albumin, soy protein, soy concentrate, whey protein, vitamin - mineral complex, sweetener, taste flavoring.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	187 kcal	Calcium	85 mg
Protein	32,5 g	Phosphorus	35 mg
Fats (Triglyceride)	0,8 g	Magnesium	4 mg
Carbohydrates	12,5 g	Natrium	50 mg
Vitamin A	1250 IU	Potassium	87,5 mg
Vitamin B6	0,5 mg	Ornithine	335 mg
Vitamin B1	2,5 mg	Niacin	3 mg
Vitamin B12	1,5 mg	Folic acid	100 mcg
Vitamin C	15 mg	Pantothenic acid	2,5 mg
Vitamin E	7,5 mg	Riboflavin	425 mcg

## PROTEIN 60 / Protein

**PROTEIN 60 OLYMPIC** is aimed to show the best results from your workout! Contains to 60% of animal and plant origin protein quickly and easily digested. **PROTEIN 60 OLYMPIC** promotes more rapid process of restoring of the body after heavy physical exertion and rapid muscle gain. It is immediately release the necessary energy. This unique formula is a complex of several valuable food and useful substances, as well as a perfect addition from complex carbohydrates. **PROTEIN 60 OLYMPIC** is perfect weightlifters and sportsmen involved in weightlifting sports. **OLYMPIC** increases the overall tone has multilateral regenerating properties. Product successfully normalizes digestion, increases appetite and efficiency, increases the hemoglobin content, erythrocytes and leukocytes in the blood, restores liver function, normalize blood pressure.

**Indication:** accelerated growth of the muscle cells, the active restoration of the organism, improving immunity, normalize blood pressure.

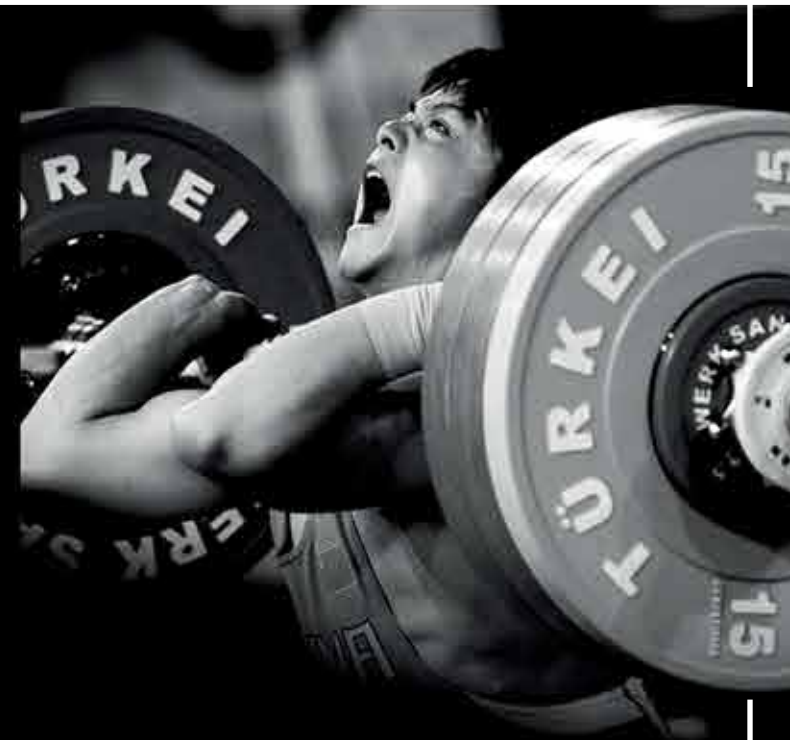
**Portions in the package:** 3000 g / 75, 1000 g / 25

**The size of single addition:** 40 g (the size of the 1 st measured spoon without slides 20 g)

**Method of application:** mix 1 portion (2 measuring spoons) in 200-250 ml water (milk, juice). Take 4-6 times a day between meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** dry milk protein, milk powder, glucose food, sweetener, pollen, vitamin complex, taste flavor.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	154,4 kcal	Phosphorus	98,1 mg	Thiamin	0,6 g
Protein	24 g	Zinc	0,46 mg	Biotin	0,24 mg
Carbohydrates	12,8 g	Cuprum	0,06 mg	Cysteine	0,68 mg
Fats (Triglyceride)	0,8 g	Manganese	0,014 mg	Arginine	1,52 mg
Vitamin A	1000 IU	Silicium	1,45 mg	Histidine	0,44 mg
Vitamin C	12 mg	Tryptophan	0,54 mr	Alanine	2,56 mg
Vitamin E	6 mg	Threonine	2,36 mg	Glycine	2,32 mg
Vitamin B6	0,4 mg	Valine	2,86 mg	Serine	1,46 mg
Vitamin B1	2 mg	Isoleucine	1,14 mg	Proline	2,54 mg
Vitamin B12	1,2 mg	Leucine	4,45 mg	Glutamine acid	5,06 mg
Natrium	163,4 mg	Methionin	0,93 mg	Asparaginic acid	4,52 mg
Potassium	163,4 mg	Lysine	4,37 mg	Folic acid	80 mcg
Calcium	180 mg	Phenylalanine	1,71 mg	Pantothenic acid	2 mg
Magnesium	46 mg	Tyrosine	1,31 mg		
Ferrum	43,3 mg	Niacin	2,4 mg		



## SPORT PROTEIN / Protein

Taking **SPORT PROTEIN** You will be able to train more intensely, more efficiently and more effectively ... **SPORT PROTEIN** is the most bioactive product consisting of whey protein, caseinate and egg albumin, and also includes sucrose, vitamin complex and a set of essential and nonessential amino acids. This formula is a highly bioactive high digestibility, which contributes to faster recovery of the body after heavy training loads. **SPORT PROTEIN** allows to increase and strengthen your muscles, it is easy to carry heavy loads, as well as recover from them. When used **SPORT PROTEIN** does not require additional energy to restore the energy reserves in muscle cells, which positively contributes to the growth of functionally active muscle strength of athletes involved in football, basketball and hockey. This product may be an ideal substitute for conventional food and contains all necessary components for the normal vital activity.

**Indication:** increased muscle strength and mass, recovery of the body, increase strength and energy.

**Portions in the package:** 2520 g / 84, 900 g / 30

**The size of single addition:** 30 g (the size of the 1st measured spoon with a hill of 30 g)

**Method of application:** mix 1 portion (1 measured spoon) with 250-300 ml of skim milk (water, juice). Take 2-3 times a day between meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** whey protein, milk protein, egg white, sugar substitute, vitamin complex, taste flavor. Increase in dosage is possible, after consultation with the coach and coordination with the doctor.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.

### Amount of nutrients in 1 portion

Calories	127,5 kcal	Vitamin C	19,8 mg
Protein	21 g	Vitamin B1	0,2 mg
Carbohydrates	7,5 g	Vitamin B2	0,4 mg
Fats (Triglyceride)	1,5 g	Vitamin B6	0,3 mg
Vitamin A	750 IU	Vitamin B12	0,9 mg
Vitamin E	3 mg	Niacin	2,8 mg
Calcium	167,4 mg	Pantothenic acid	1,2 mg
Riboflavin	255 mcg	Folic acid	64,5 mg





## PROTEIN ATHLETE / Protein

**PROTEIN ATHLETE** will make every workout your important and really helps to conquer the highest results! The combination of highly concentrated mixture Microfiltered whey protein isolate and high-quality soy provides the athlete during the training process all the necessary components of high biological value for the conservation of nitrogen balance. The product helps to release energy during heavy physical work. A mixture of great activates an increase in muscle growth and faster recovery after intense stress during training. **PROTEIN ATHLETE** has excellent taste. The formula of the product enhanced with vitamins and minerals, has a very low sugar content, which makes it indispensable in the diet of athletes competing in sports such as athletics and gymnastics. Thus, the mixture provides the body with a balanced set of nutrients and is a major part of daily nutrient intake. Protein components **PROTEIN ATHLETE** derived from whey protein concentrate of high quality and high-quality soy isolate, and most importantly, has excellent taste.

**Indication:** increased muscle strength, recovery of the body, maintaining nitrogen balance.

**Portions in the package:** 2400 g / 60, 800 g / 20

**The size of single addition:** 40g (the size of the 1st measured spoon without slides 20 g)

**Method of application:** mix 1 portion (2 measuring spoons) with 200-250 ml of water (milk juice). Take 2 times a day, for 2 hours before exercise and after 30-60 minutes. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** whey protein, soy protein, vitamin – mineral complex, sweetener, taste flavor.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	126,8 kcal	Calcium	200 mg
Protein	16 g	Natrium	94 mg
Carbohydrates	14,8 g	Magnezium	40 mg
Fats (Triglyceride)	0,4 g	Phosphorus	100 mg
Vitamin A	1000 IU	Glutamine	140 mg
Vitamin B6	0,4 mg	Arginine	1,6 g
Vitamin B1	2 mg	Folic acid	80 mcg
Vitamin B12	1,2 mg	Pantothenic acid	2 mg
Vitamin C	12 mg	Riboflavin	340 mcg
Vitamin E	6 mg	Lipoic acid	60 mg
Niacin	2,4 mg	Potassium	28 mg

## MASS / Gainer

To create an impressively athletic and strong body for a short period of time and increase muscle mass without any harm to the body, not enough regular physical activity. Does not get along without proper sports nutrition! **OLYMPIC MASS** - a product with a high content of calories, carbohydrates to protein ratio of 2:1, is specifically designed for intensive increase and strengthen the muscular frame, creating a beautiful terrain of the body, and even in the shortest possible time. These results it is possible to achieve a constant and correct use of the protein-carbohydrate mixture.

**OLYMPIC MASS** is capable of providing a full range of essential and nonessential amino acids in free form with simple and complex carbohydrates that will fill your organism with energy and strength needed for heavy physical exertion. Also includes caseinate, egg albumin, vitamins and minerals in optimal amounts. They have a unique composition, which is involved in building muscle mass, increase immunity and tonus of the organism.

**OLYMPIC MASS** - an indispensable source of extra energy to muscle cells, which is consumed during intense workouts. **Indication:** used in health purposes, and for maintaining mental and physical performance, to enhance the anabolic processes, for muscle building.

**Portions in the package:** 2400 g / 80, 900 g / 30

**The size of single addition:** 30 g (the size of the 1st measured spoon without slides 20 g)

**Method of application:** mix 1 portion (1,5 measuring spoons) with 200-300 ml of milk (juice, water). Take 2 times a day, and a second reception should be immediately after the workout. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** maltodextrin, dextrose, glucose, milk protein (caseinate), dried egg protein (albumin), dried egg powder, vitamin complex (vitamins B1, B2, B6, B12, vitamin C, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), a sweetening agent (E 952), natural flavor.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.

### Amount of nutrients in 1 portion

Calories	172,5 kcal	Glycine (aminoacetic acid)	0,6 g
Protein	9 g	Histidine	0,8 g
Carbohydrates	20,1 g	Lysine	2,1 g + 0,06 g
Fats (Triglyceride)	1,5 g	Alanine	0,9 g
Vitamin B1	0,4 mg	Threonine	1,3 g
Vitamin B2	0,4 mg	Methionin	0,9 g - 0,06 g
Vitamin B6	0,5 mg	Cysteine	0,09 g
Vitamin B12	0,7 mg	Proline	2,9 g
Vitamin C	10,2 mg	Phenylalanine	4,8 g
Potassium	135 mg	Tyrosine	1,4 g
Calcium	206 mg	Serine	1,5 g
Magnesium	31,5 mg	Tryptophan	0,4 g
Ferrum	1,2 mg	Niacin	2,6 mg
Arginine	1,1 g	Asparaginic acid	2 g
Leucine	2,8 g - 0,03 g	Glutamine acid	6,1 g
Isoleucine	1,5 g - 0,06 g	Pantothenic acid	1,6 mg
Amino isovaleric acid (valine)	2 g		



## MUSCLE / Gainer

For an athlete it is important to feel in great shape and achieve maximum results! This requires not only engage in gyms, but competently provide your body really needs it with intense physical exertion in carbohydrates, proteins and vitamins! Ensuring the effective power of the muscles with useful substances, reduction of body fat, faster recuperation after athletic stress is possible due our mix.

**OLYMPIC MUSCLE** an easily digestible product of high protein-carbohydrate content is indispensable and necessary for the use of persons engaged in sport. The composition of **OLYMPIC MUSCLE** is a high quality egg protein, maltodextrin, fructose, glucose, vitamins and minerals. Egg albumin is a complete protein and maltodextrin and fructose contribute to the caloric content of the product. Therefore, the process of muscle mass provides both proteins and carbohydrates. They are equally important to enhance muscle growth and recovery of muscle tissue.

In short, **OLYMPIC MUSCLE** is a mixture incentives for increasing muscle mass in athletes, speeding recovery after exercise of varying intensity, enhance energy security and the plastic body of the normal carbohydrate, fat, mineral and water-salt metabolism in the body. **OLYMPIC MUSCLE** building up your muscles safely and quickly!

**Indication:** used in health purposes, and for maintaining mental and physical performance, to enhance the anabolic processes, for muscle building.

**Portions in the package:** 1760 g / 44, 640 g / 16

**The size of single addition:** 40 g (the size of the 1st measured spoon without slides 20 g)

**Method of application:** mix 1 portion (2 measuring spoons) with 200-300 ml of milk (water, juice). Take 2-3 times a day, in the morning 30 minutes before breakfast or one hour after ingestion. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** maltodextrin, fructose, glucose, dry egg albumin, dried egg powder, vitamin complex (vitamins B1, B6, B12, folic acid, calcium pantothenate, niacin, biotin, ascorbic acid), sweetener, natural flavors.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.

### Amount of nutrients in 1 portion

Calories	246 kcal	Potassium	304 mg
Protein	8 g	Calcium	228 mg
Carbohydrates	26,8 g	Natrium	112 mg
Fats (Triglyceride)	1,4 g	Magnesium	58 mg
Vitamin A	0,06 mg	Phosphorus	204 mg
Vitamin B1	1,1 mg	Zinc	10 mg
Vitamin B2	1,3 mg	Ferrum	5 mg
Vitamin B6	1,2 mg	Iodine	0,1 mg
Vitamin B12	0,001 mg	Cuprum	1,6 mg
Vitamin D	0,005 mg	Pantothenic acid	2,2 mg
Vitamin E	2,3 mg	Folic acid	0,003 mg







## MEGAPROTEIN / Gainer

Creation of a beautiful and strong muscles - it is reality! You just need some help **MEGAPROTEIN**! It is one of the best carbohydrate products and produce spectacular effects of increasing and strengthening of your muscles. The main feature of **MEGAPROTEIN** is as follows: it contains an optimal combination of carbohydrates, proteins, vitamins and amino acids. Soy and whey isolate contribute to the growth of muscle mass, but also helps to maintain a positive nitrogen balance in the body. The complex of amino acids inhibits the processes of catabolism and directly affect on the growth of muscle tissue as well as - increasing the power results.

An important feature of **MEGAPROTEIN** is that it contains both fast and slow digestible proteins that promote the synthesis of protein and beneficial effects on metabolism. Each portion of **MEGAPROTEIN** contains optimal complex of balanced amino acids. With this combination of proteins **MEGAPROTEIN** has 100% bioavailability. Its reception in conjunction with other products of this line will allow you to maximize performance in the training process in shorter terms.

**Indication:** used effective muscle building, strengthening of the joints and ligaments, increasing of endurance and efficiency, improve athletic performance.

**Portions in the package:** 2475 g / 33, 825 g / 11

**The size of single addition:** 75 g (the size of the 1st measured spoon with a hill of 25 g)

**Method of application:** mix 1 portion (3 measuring spoons) in 250 ml of water or milk. Take 2-3 times daily between meals and after training. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** maltodextrin, fructose, glucose, dextrose, ultrafiltered whey protein, soy protein isolate, milk protein, egg albumin, calcium, magnesium, potassium, phosphorus, sodium, flavor, saccharin sodium.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	292,5 kcal	Glutamine	0,75 g
Protein	33,8 g	Vitamin A	1875 IU
Carbohydrates	39,8 g	Vitamin B1	1,5 mg
Fats (Triglyceride)	1,1 – 1,5 g	Vitamin B6	1,4 mg
Calcium	247,5 mg	Vitamin B12	3,9 mcg
Ferrum	4,2 mg	Vitamin C	22,5 mg
Magnesium	51,6 mg	Vitamin E	11,3 mg
Natrium	93,8 mg	Niacin	4,5 mg
Potassium	172,5 mg	Folic acid	150 mcg
Phosphorus	128,3 mg	Pantothenic acid	3,8 mg
Taurine	375 mg	Riboflavin	637,5 mcg

## SUPER ACTIVE / Gainer

**OLYMPIC SUPER ACTIVE** - the protein-carbohydrate mixture for increasing muscle mass. This product is the basis of sports diet, designed to build a total volume of muscles. Typically, the ratio of such products proteins / carbohydrates is the proportion of 1/3. The unique formula of a mixture provides the organism of athletes involved in oriental combat sports karate and sambo with additional nutrients and calories. This is necessary to create conditions for muscle growth and replenishment of reserves of energy wasted during training, as well as during the competition. Ideal digestibility provides low-lactose. **OLYMPIC SUPER ACTIVE** restores the body after exercise, both physically and psychologically, which generally contributes to strong growth in athletic performance (strength, weight, endurance and speed) depending on the focus of the training process. All this is due to the high concentration of quality amino acids in the L - form and BCAA in the product.

**Indication:** activation of muscle growth, faster recovery, improved performance.

**Portions in the package:** 3000 g / 40, 1050 g / 14

**The size of single addition:** 75g (the size of the 1st measured spoon with a hill of 25 g)

**Method of application:** mix 1 portion (3 measuring spoons) with 200-300 ml of skim milk (water, juice). Take 2 times a day, combining with a sensible exercise program. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** milk proteins-enriched whey, milk powder, glucose, vitamin complex, sweeteners, taste flavoring.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	320,3 kcal	Cuprum	51 mcg
Protein	18,8 g	Isoleucine	4,5 g
Carbohydrates	52,5 g	Leucine	7,4 g
Fats (Triglyceride)	3,9 g	Lysine	6,2 g
Vitamin A	1875 IU	Methionine	1,9 g
Vitamin E	11,3 mg	Phenylalanine	2,9 g
Vitamin C	22,5 mg	Threonine	4,7 g
Vitamin B1	0,6 g	Tryptophan	1,1 g
Vitamin B2	6,1 mg	Valine	4,5 g
Niacin	0,6 g	Arginine	2,3 g
Vitamin B6	0,8 mg	Cystine	1,8 g
Vitamin B12	2,3 mg	Histidine	1,5 g
Biotin	0,03 mg	Tyrosine	2,6 g
Riboflavin	637,5 mcg	Alanine	3,4 g
Calcium	461,3 mg	Asparaginic acid	7 g
Phosphorus	281,3 mg	Glutamine acid	13,4 g
Potassium	657 mg	Pantothenic acid	3,8 mg
Ferrum	3,3mg	Folic acid	150 mcg
Magnesium	156,8 mg	Glycine	1,5 g
Chloride	327 mg	Proline	4,5 g
Sodium	297,8 mg	Serine	3,8 g
Iodine	27 mcg		





# ENERGY FORMULA + CREATINE / Gainer

**OLYMPIC ENERGY FORMULA + CREATINE** created to help athletes in a short time to maximize results. The main purpose of **OLYMPIC ENERGY FORMULA + CREATINE** is improving body energy during exercise, as well as better absorption of creatine, which results in a maximum increase in strength, power and muscle mass, which is so necessary in sports such as rugby and American football. The product contains a high dose (5g) of creatine monohydrate per serving, designed for one-day admission. The high degree of digestibility creatine give carbohydrates with high glycemic index (including dextrose and maltodextrin). A small amount of protein from milk and whey protein to help maintain the desired level for the body. The advantage of this product is that it increases protein synthesis, preventing its collapse, improves recovery, helps to preserve nitrogen balance. **OLYMPIC ENERGY FORMULA + CREATINE** helps your muscles to grow, to increase their strength and performance, and also stimulates the cardiovascular system.

**Indication:** increased muscle mass, stimulating the cardiovascular system, improving the body's recovery processes, conservation of nitrogen balance.

**Portions in the package:** 2350g / 47, 900 g / 18

**The size of single addition:** 50 g (the size of the 1st measured spoon with a hill of 25 g)

**Method of application:** mix 1 portion (2 measuring spoons) with 250 ml of water or juice. Take 2 times a day for 2 hours before exercise and after 30-40 minutes. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** skim milk powder, whole milk powder, soy milk, glucose, maltodextrin, creatine, sweetener, vitamin complex, flavor.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, strawberry, coffee, cappuccino, pineapple, natural.

Amount of nutrients in 1 portion

Calories	105 kcal	Niacin	3 mg
Protein	11 g	Folic acid	100 mcg
Carbohydrates	13 g	Pantothenic acid	2,5 mg
Fats (Triglyceride)	1 g	Riboflavin	425 mcg
Vitamin B1	0,9 mg	Natrium	42,5 mg
Vitamin B6	1,1 mg	Phosphorus	125 mg
Vitamin B12	1,5 mg	Magnesium	100 mg
Vitamin C	30 mg	Potassium	50 mg
Vitamin E	15 ME	Creatine monohydrate	5 g





## STAR / Gainer

**OLYMPIC STAR** - super-powerful and the most effective formula for increasing strength, endurance, and better efficiency of the body during training. **OLYMPIC STAR** protein-carbohydrate Accelerator which helps to raise the level maximum energy in the body of athletes involved in basketball, football and hockey. This product will perfectly provide your body with additional nutrients and calories that are required to show good results during training and fill wasted energy reserves. **OLYMPIC STAR** has a low content of fat and effective protein carbohydrate complex.

The body's need for amino acids will increase sharply at high physical activity, and this supercharged complex is able to help you in building and maintaining muscle mass, because it contains BCAA amino acids that contribute to the restoration of intracellular energy stores, amino acid and nitrogen balance, as well the synthesis of muscle proteins.

**Indication:** muscular building of body weight, increase in power rates, additional energy, strengthening of joints and ligaments, a rapid recovery.

**Portions in the package:** 2340 g / 78, 810 g / 27

**The size of single addition:** 30 g (the size of the 1st measured spoon with a hill of 30 g)

**Method of application:** mix 1 portion (1 measured spoon) with 300 ml of milk (water, juice). Take 3 times a day, in the morning 30 minutes before breakfast 2 hours before exercise and after 1 hour it. Dosage, time and method of application are installed trainer or doctor for each athlete.

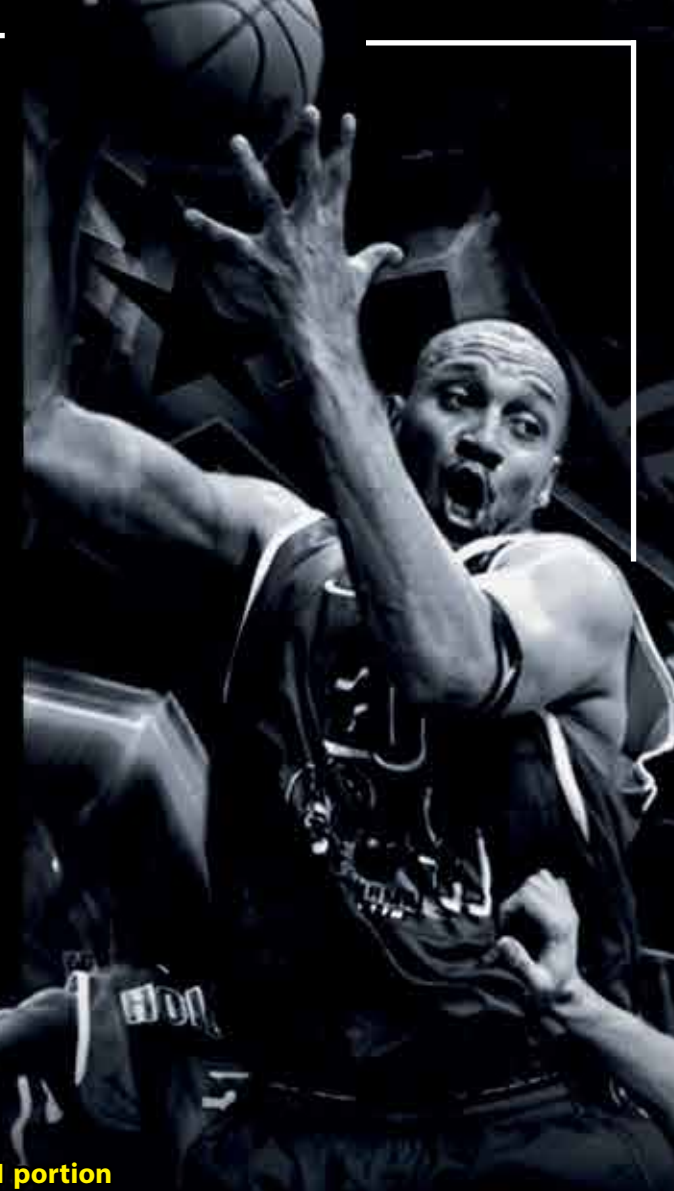
**Ingredients:** skim milk powder, dry egg powder, maltodextrin, glucose, vitamin complex, natural flavor.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.



### Amount of nutrients in 1 portion

Calories	105 kcal	Calcium	208,8 mg	Alanine	1,1 g	Methionine	0,4 g
Protein	6 g	Potassium	135 mg	Arginine	2 g	Phenylalanine	1,4 g
Fats (Triglyceride)	1,5 g	Phosphorus	103,5 mg	Asparaginic acid	3,1 g	Proline	1,4 g
Carbohydrates	15,6 g	Ferrum	0,7 mg	Glutamine acid	5,1 g	Serine	1,4 g
Vitamin A	46,5 IU	Cuprum	7,8 mg	Pantothenic acid	0,3 mcg	Threonine	1 g
Vitamin C	10,5 mg	Zinc	1,1 mg	Glycine	1,1 g	Tryptophan	1,4 g
Vitamin B1	0,4 mg	Iodine	9,3 mg	Histidine	0,7 g	Tyrosine	0,3 g
Vitamin D	0,3 mcg	Niacin	0,9 mg	Leucine	2,2 g	Valine	1 g
Vitamin E	0,5 mg	Cysteine	0,3 g	Isoleucine	1,3 g		
Vitamin B6	0,1 mg	Biotin	0,01 mcg	Lysine	1,7 g		





## SUPER GAINER / Gainer

Feel the explosive power and irrepressible energy with **SUPER GAINER**! The optimal choice not only for the preparation of champions, but also for athletes who want to achieve maximum results. By the beginning of physical activity it generates, firstly, the necessary background energy (from carbohydrates), and secondly, increased intramuscular concentrations of free amino acids (from protein) that are actively exchanged with heavy loads and intensive. Due to the multi-component carbohydrate achieved a uniform basis and long-term energy supply of the body during exercise. It is particularly important in the presence of trace elements **OLYMPIC SUPER GAINER** selenium, zinc and chromium to regulate insulin levels and cholesterol metabolism. At higher loads, chrome helps transportation of fats in the muscle cells for oxidation. **OLYMPIC SUPER GAINER** can be recommended for athletes involved in **SWIMMING** and rowing.

**Indication:** as power engineering before a workout, building lean muscle mass.

**Portions in the package:** 2280 g / 57, 800 g / 20

**The size of single addition:** 40 g (the size of the 1st measured spoon without slides 20 g)

**Method of application:** mix 1 portion (2 measuring spoons) with 250 ml of milk (water, juice). Take 2 times a day, combining with the training plan. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** soy concentrate, skim milk powder, dry egg powder, maltodextrin, gelatin, glucose, sweetener, taste flavoring.

**Flavors:** vanilla, chocolate, strawberry, white chocolate, caramel, banana, coconut, wild strawberry, coffee, cappuccino.

### Amount of nutrients in 1 portion

Calories	172,8 kcal	Tyrosine	2,4 g
Protein	3,2 g	Lysine	2,9 g
Fats (Triglyceride)	3,2 g	Valine	2,5 g
Carbohydrates	32,8 g	Alanine	1,2 g
Vitamin B1	0,9 mg	Methionin	1,1 g
Vitamin B6	1,3 mg	Arginine	1,4 g
Vitamin B12	1,3 mcg	Asparaginic acid	2,7 g
Vitamin C	39,2 mg	Folic acid	128 mcg
Vitamin E	6 mg	Pantothenic acid	4 mg
Niacin	10,8 mg	Glutamine acid	8,2 g
Isoleucine	1,9 g	Phenylalanine	1,9 g
Threonine	1,6 g	Cystine	0,2 g
Histidine	1,2 g	Glycine (aminoacetic acid)	0,8 g
Leucine	3,5 g	Proline	3,7 g
Tryptophan	0,6 g		





## VITAMIN C+

**VITAMIN C+** a powerful antioxidant that plays an important role in the metabolism of proteins, carbohydrates and amino acids, normal recovery and growth of all tissues, as well as to maintain healthy immune and cardiovascular systems. Due to vitamin C provides a gradual release of active substances in the body.

Vitamin C is involved in the production of collagen - a protein by means of which formed tissue, including muscle. In addition, this vitamin improves liver function by stimulating the production of detoxifying enzymes necessary to deal with toxins. Vitamin B6 helps to correct the synthesis of nucleic acids that prevent aging. Human need for vitamin B6 increases with the amount of protein in the food, as well as during exercise. **VITAMIN C+** is recommended for athletes - individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc. As well as for athletes - players: footballers, basketball, volleyball players and many other sports.

**Indication:** Increase metabolism of proteins and carbohydrates, recovery and growth of all tissues.

**Portions in the package:** 160 capsules / 80

**The size of single addition:** 2 capsules

**Method of application:** take 1 portion (2 capsules) 1-3 times a day with meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** vitamin C 1000 mg, vitamin B6 4 mg



## VITAMOL

Intense stress, nervous stress, poor nutrition, poor environment - all this dramatically increases the need for vitamins and trace elements. **VITAMOL** able to quickly solve the problem of lack of vitamins, strengthen the immune system, normalize the protein - carbohydrate metabolism, enhance the vitality of the whole organism. **VITAMOL** contains 10 vital vitamins necessary for practicing hard athletes. This multivitamin formula is rich in powerful antioxidants and gives your muscles necessary for them vitamins to withstand stress during exercise with high loads.

**Indication:** Increase metabolism of proteins and , additional energy, recovery of the organisms after workout.

**Portions in the package:** 80 tablets / 80

**The size of single addition:** 1 tablet

**Method of application:** take 1 tablet 2 times a day after meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** vitamin C 60mg, vitamin E 10mg, vitamins B1 - 1 mg, B2 - 1,1 mg, B6 - 1,5 mg, B12 - 0,001 mg, folic acid - 0,2 mg, pantothenate acid - 4 mg, niacin - 12 mg, biotin - 0,15 mg





## BCAA

BCAA is an active building blocks for muscle tissue, has a powerful energy potential and is a source of strength and endurance at high physical activity. Designed for maximum absorption of the BCAA contributes to the rapid growth of power, more efficient oxygen absorption and faster metabolism, which helps to burn fat for energy. BCAA is recommended for athletes - individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc. As well as for athletes - players: footballers, basketball, volleyball players and many other sports.

**Indication:** set of muscle mass and prevent the collapse of muscle tissue, increase energy and endurance performance, support for healthy bones, skin, hair and internal organs, the normalization of cardio - vascular and nervous systems, regulation of physiological functions.

**Portions in the package:** 300 g / 60, 160 capsules / 40

**The size of single addition:** 4 capsules

**Ingredients of single portion:** L - Valine 550 mg,  
L - Leucine 1100 mg, L - Isoleucine  
550mg, riboflavin 1,7 mg, vitamin  
B6 1,5 mg, vitamin C 10 mg

**The size of single addition:**

5 g (1 measured spoon with slide)

**Ingredients of single portion:** L - Valine 1262 mg, L - Leucine 2526 mg,  
L - Isoleucine 1262 mg

**Method of application:** 4 capsules (1 measured spoon) for 45-60 minutes before a workout and 4 capsules (1 measured spoon) 15-30 minutes after your workout. Dosage, time and method of application are installed trainer or doctor for each athlete.



## AMINO ACID L – Arginine

The explosive "pumping" effect, increasing muscle density and rapid growth of power performance allows you to receive **AMINO ACID L-ARGININE**! This amino acid helps to increase the "pure" muscle mass, get rid of body fat and accelerates the synthesis of growth hormone improves the potency in men. Arginine is converted to nitric oxide, stimulating blood circulation in muscles, which makes it possible to accelerate the flow of nutrients and oxygen to muscle tissue. Arginine supplementation is needed especially intensively practicing athletes after 30 years, when his natural secretion stops completely. **L-ARGININE** is required for individuals athletes, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes: footballers, basketball, volleyball and many other sports.

**Indication:** an increase in muscle density, growth rates of power, the rapid changes in body composition, faster recovery from stress, improvement of coronary microcirculation.

**Portions in the package:** 160 capsules / 80

**The size of single addition:** 2 capsules

**Method of application:** take 2 times a day: 1 portion (2 capsules) 45-60 minutes before training and 1 portion after. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** L-Arginine 1000 mg



## AMINO ACID L – Glutamine

**AMINO ACID L-GLUTAMINE** - the most essential amino acid for bodybuilders and security forces, has the most powerful anabolic effect. **L-GLUTAMINE** plays a key role in optimizing the process of protein synthesis and glycogen, nitrogen retention and preventing muscle wasting during intense workouts. Reception **L-GLUTAMINE**, especially ahead of stress, enhances stamina and immune system, stimulates protein synthesis and has anti-catabolic effect, increases the body's energy source. It is recommended for athletes, individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes: footballers, basketball, volleyball and many other sports.

**Indication:** promotes muscle building, stamina muscle fibers, increases growth hormone levels, strengthens the immune system, has anti-stress effect.

**Portions in the package:** 160 capsules / 32

**The size of single addition:** 5 capsules

**Method of application:** take 2 times a day: 1 portion (5 capsules) 45-60 minutes before training and 1 portion (5 capsules) immediately after your workout. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** L- Glutamine 2500 mg





## GABA

**GABA** will give you a tremendous increase in muscle mass! **GABA** and gamma aminobutyric acid - a powerful amino acid, a neurotransmitter that helps nerve impulses pass through synapses to transmit information and better. Under the influence of **GABA** also activates the energetic processes of the brain tissue increases the respiratory activity. **GABA** has many positive effects on the nervous system. **GABA** promotes weight loss, stimulates the production of growth hormone (HGH). Accelerates collection of muscle mass, improves recovery. High levels of growth hormone also helps to use fat as energy. This means that with the growth of muscles at the same time you will get rid of excess fat. **GABA** also has a unique relaxing effect. Perfect for athletes, individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes: footballers, basketball, volleyball and many other sports.

**Indication:** improves the body's ability to recover, greatly increases the growth of muscle tissue burns fat, a strong sense of tidal energy has a relaxing effect.

**Portions in the package:** 111 g / 37

**The size of single addition:** 3 g (measure spoon no slides 3 g)

**Method of application:** take 1 serving (1 measured spoon) 1 times a day, preferably at bedtime. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:**  
**GABA** 3000 mg



## ZMA

**ZMA** - a natural compound which increases levels of testosterone! It is used as a tool that increases testosterone levels and insulin-like growth factor. Includes a synergistic combination of zinc and magnesium, which improves nutrient absorption and reduces the recovery period between workouts. Zinc plays an important role in regulating cell growth and tissue repair. **ZMA** - a great solution if you're going to not only meet the body's need for these two important minerals, but also to get the maximum benefit during heavy exercise.

Perfect for athletes, individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes: footballers, basketball, volleyball and many other sports.

**Indication:** increases testosterone levels, regulating cell growth and tissue repair, repair of organisms

**Portions in the package:** 160 capsules / 53

**The size of single addition:** 3 capsules

**Method of application:**

take 1 portion 1 every day for an hour before bedtime.

Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:**  
zinc 30 mg, magnesium 450mg,  
vitamin B6 10,5 mg





## Calcium, Magnesium, Zinc

**CMZ** - irreplaceable mineral formula for athletes receiving large load on the support - the motor apparatus. Mineral components of the complex contribute to the strengthening of skeletal - muscular apparatus athlete, improving hormonal and reproductive functions. Glutamic acid in the accelerator complex is the assimilation of these minerals, while retaining its properties stimulating the central nervous system energy and muscle relaxant structure. **CALCIUM, MAGNESIUM, ZINC** is needed for athletes-individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes: footballers, basketball, volleyball and many other sports.

**Indication:** strengthening of skeletal - muscular apparatus, increasing hormonal levels.

**Portions in the package:** 160 capsules / 160

**The size of single addition:** 1 capsule.

**Method of application:**

take 1 portion 3 times a day with meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** zinc 16,5 mg, magnesium 150 mg, calcium 300 mg, glutamic acid 33,5 mg



## MAX AMINO

**MAX AMINO** - a product containing amino acids, vitamins, and minerals. The complex is designed to restore the body during the training process, or heavy physical exertion in athletes or those engaged in heavy physical work. **MAX AMINO** contains an excellent amino acid composition, which promotes optimal muscle growth. This product helps to increase the power of the results, a more efficient absorption of oxygen and improve metabolism. This complex fills and enriches the athlete proteins and oxygen, which are necessary for muscle growth and increase athletic performance athletes-individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes: footballers, basketball, volleyball and many other sports.

**Indication:** activation of muscle growth, increase in power rates, improve metabolism, the rapid recovery of the body.

**Portions in the package:** 160 capsules / 53

**The size of single addition:** 3 capsules

**Method of application:** take 1 portion (3 capsules) 3 times a day before meals. Under intensive physical activities and training take 10 capsules an hour before training and 10 capsules one hour after the workout. Minimal course 2 weeks. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:**  
flower pollen 1500 mg.

### Amount of nutrients in 1 portion

Calories	7,5 kcal	Serine	0,7 g
Protein	0,75 g	Isoleucine	0,6 g
Carbohydrates	0,75 mg	Leucine	1,1 g
Fats (Triglyceride)	0,3 g	Lysine	0,8 g
Thiamin	0,05 mg	Methionine	0,2 g
Glycine (aminoacetic acid)	0,6 g	Phenylalanine	0,7 g
Vitamin C	1,3 g	Threonine	0,5 g
Vitamin B6	0,05 mg	Tryptophan	0,7 g
Vitamin B12	0,5 mg	Amino isovaleric acid (valine)	0,5 g
Niacin	0,1 mg	Arginine	1 g
Iodine	22,5 mcg	Cystine	0,2 g
Proline	0,7 g	Histidine	0,3 g
Magnesium	12 mg	Tyrosine	0,2 g
Riboflavin	0,2 mg	Alanine	0,6 mg
Calcium	0,2 mg	Asparaginic acid	1,5 g
Phosphorus	0,12 mg	Glutamine acid	2,5 g
Zinc	1,3 mg	Pantothenic acid	0,3 mg
Ferrum	1,3 mg	Folic acid	6 mcg





## Energy Drive GUARANA

**ENERGY DRIVE GUARANA** - a natural source of extra energy. It contains active ingredients such as guarana, pollen, taurine, isoleucine, leucine and choline. When the joint effect of these ingredients form a unique energy optimizer for intense workouts. The natural caffeine from guarana helps to overcome the state of fatigue and tiredness. **ENERGY DRIVE GUARANA** enriched elements, able to adequately reflect the effects of stress, increases the level of cognitive performance (focus, concentration). A mixture of stimulating the activity of the components of the complex releases the latent energy, thereby increasing the strength and endurance athletes-individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes: footballers, basketball, volleyball and many other sports. **Indication:** increasing endurance and performance, chronic fatigue syndrome, increased activity, mental concentration, maintaining a high energy level of the organism.

**Portions in the package:** 160 capsules / 80

**The size of single addition:**  
2 capsules

**Ingredients of single portion:** guarana 400 mg, taurine 60 mg, isoleucine 11,6 mg, leucine 24,4 mg

**Method of application:** take 1 portion (2 capsules) 2 times a day before meals. Course of taking 1-2 months. Dosage, time and method of application are installed trainer or doctor for each athlete.



## CREATINE MONOGIDRATE

**CREATINE MONOGIDRATE** - a product for athletes - individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes, footballers, basketball, volleyball players and many other sports and those who lead an active way of life. Studies have shown that the use of creatine monohydrate observed increase in the limit loads, increase strength and endurance. Such an action is related to the ability of creatine monohydrate to support the level of ATP in the cells. In addition, creatine reduces the concentration of ammonia in the blood.

**CREATINE MONOGIDRATE** - a precursor of creatine phosphate, macro energy compound contained in the muscle cells. In the application produces a dramatic effect, helping the athlete to quickly gain muscle mass. The real effect of creatine - an increase of power and speed performance. Once in the body, creatine monohydrate is converted into creatine phosphate - a reserve, which helps to restore the ATP level in the working muscles. Creatine comes in the "work" from the start of muscle contraction and is used by up to 20-30 seconds before the "connect" carbohydrates. In real life, in order to restore the stocks of creatine, we have to eat too much food (red meat). Creatine supplementation - the perfect solution to quickly restore power. It is used mainly by representatives of anaerobic areas of sport.

**Portions in the package:** 300 g / 60

**The size of single addition:**

5 g (1 measured spoon with slide)

**Method of application:** phase-load the first 5 days to 1 serving (1 scoop) 4-5 times a day (a total of 20-25 g) with water or juice. Support Phase - 1 serving (1 scoop) 2-3 times a day. Can be used with no load phase. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:**  
creatine monohydrate 5000 mg.





## ECDYSTEN (BIOANABOLON)

**ECDYSTEN (BIOANABOLON)** - a natural compound of steroid structure on the basis of ecdysterone. Promotes increased protein biosynthesis in the body of athletes during intense training. Increases physical performance and speed-strength qualities in preparation for a competition. Unlike anabolic steroids, **ECDYSTEN** has no androgenic effect does not affect the functionality of the adrenal cortex. Suitable for high anabolic activity, which contributes to the constant muscle growth and fast recovery, increasing strength and endurance. Can be used by individuals, athletes, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as athletes, players: footballers basketball players, volleyball players, and many other sports.

**Indication:** increased anabolism, increase muscle mass, accelerate recovery processes, improving speed and power performance.

**Portions in the package:** 160 capsules / 160

**The size of single addition:**  
1 capsule.

**Method of application:** take 1 portion 3 times a day before meals. The course of treatment 15-20 days. If necessary, after the two week break, a second course is possible. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** rhaponticum carthamoides - 50 mg.



## HARD ANABOL COMPLEX

**HARD ANABOL COMPLEX** - a unique tool for athletes - individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes, footballers, basketball, volleyball and many other sports. Increases stamina and also helps athletes to work longer, in spite of fatigue. **HARD ANABOL COMPLEX** one of the most "explosive" and multifunction products. **HARD ANABOL COMPLEX** - Complex, containing botanical extracts of ginseng, rhodiola rosea, Tribulus creeping, Rhaponticum carthamoides, Echinacea, Chinese magnolia vine, alfalfa, licorice root. **HARD ANABOL COMPLEX** helps speed up recovery processes of the body, enhances vitality, and normalizes the nervous system. The application of this complex increases testosterone production, increases the strength of skeletal muscles and stimulate its growth, promotes fat burning, improves performance, increases energy and overall physical activity.

**Indication:** increase testosterone production, increases strength and stimulates growth of skeletal muscles, increases energy and overall physical activity.

**Portions in the package:** 160 capsules / 160

**The size of single addition:** 1 capsule.

**Method of application:** take 1 portion 3 times a day before meals. The course of treatment 15-20 days. If necessary, after the two week break, a second course is possible. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** guarana 40 mg, yohimbe 30 mg, ginseng 60 mg, rhodiola rosea 75 mg, tribulus terrestris 100 mg, rhaponticum carthamoides 6 mg, echinacea 10 mg, chinese magnolia vine 10 mg, alfalfa 25 mg, licorice root 10 mg.



## TRIBOSTERON

**TRIBOSTERON** - special anabolic supplement for those who want to maximize the level of natural production of testosterone. The main active ingredient is **TRIBOSTERON** Tribulus Terrestris. Produced from the plant Tribulus creeping. The plant contains powerful steroid saponins and flavonoids. The product increases testosterone levels by increasing the level of luteinizing hormone, which signals the pituitary gland in the production of more testosterone naturally. **TRIBOSTERON** is completely natural and is an alternative to synthetic anabolic hormones. Due to the high level of testosterone increases positive nitrogen balance and increases protein synthesis. Contributes to the development of muscle cells. **TRIBOSTERON** accelerates restoration of health and physical strength, increase the libido of both men and women, increases the production of semen and sperm motility improves.

The product is safe and harmless to the body. **TRIBOSTERON** recommended for individuals athletes, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes, footballers, basketball, volleyball and many other sports.

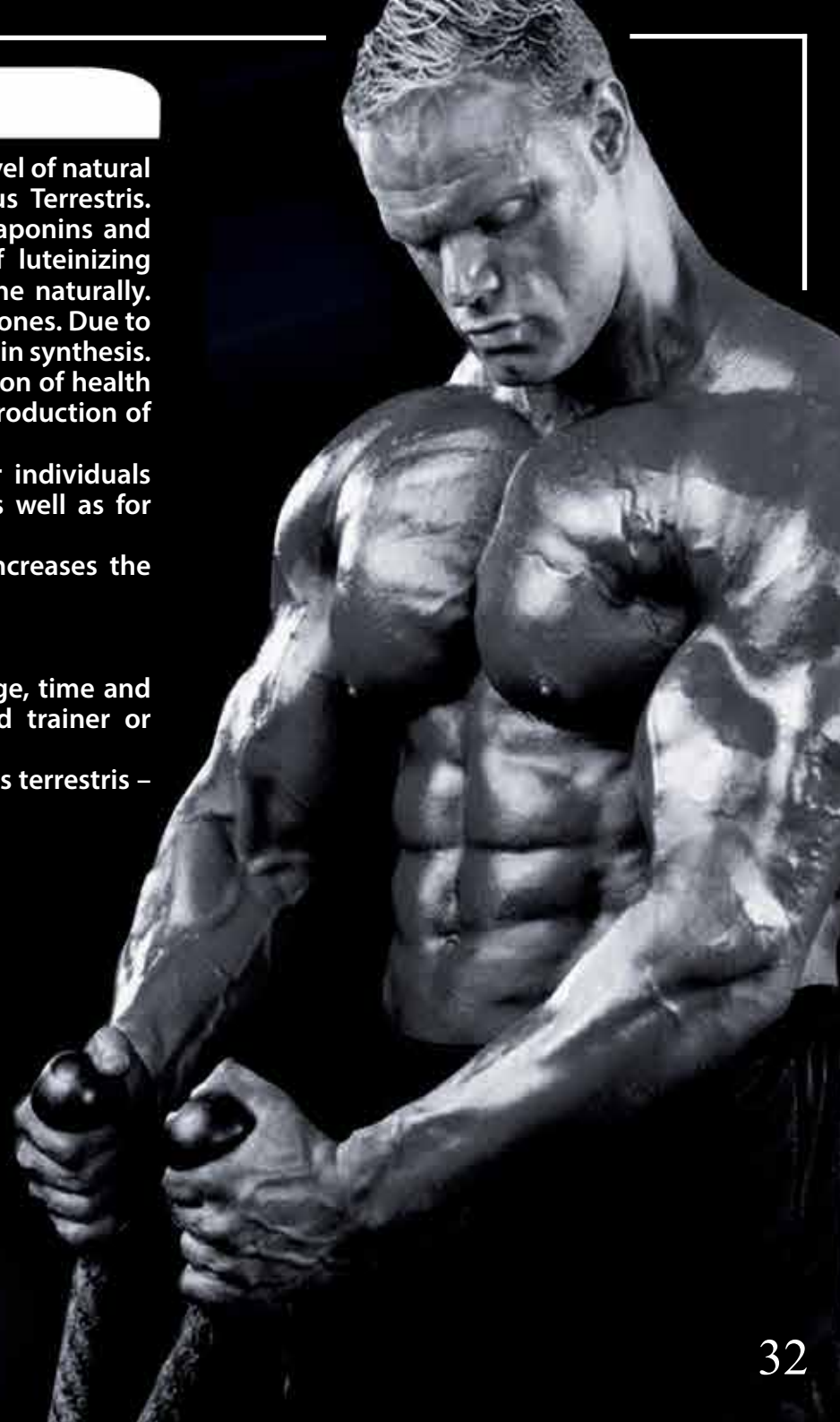
**Indication:** increase the positive nitrogen balance, increased protein synthesis, increases the development of muscle cells.

**Portions in the package:** 160 capsules / 160

**The size of single addition:** 1 capsule.

**Method of application:** take 1 portion 3 times per day before or after meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** tribulus terrestris – 400 mg.





## Z POWER ZINC

**Z POWER** - a unique anti-catabolic mineral product, indispensable for the creation of a "dry" muscle mass! Restores the structure of the connective, bone and cartilage, supports the optimal amount of testosterone in the body, improves sexual function. **Z POWER** burning the excess fat and maintain a high level of muscle relief and improves overall performance and endurance. Zinc is involved in the synthesis of anabolic hormones in the body as insulin, testosterone and growth hormone needed to accelerate muscle recovery.

**Z POWER** is recommended for individuals athletes, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes, footballers, basketball, volleyball and many other sports.

**Indication:** creation of a "dry" muscle mass increase testosterone production, improving muscle mass and power performance.

**Portions in the package:** 160 capsules / 160

**The size of single addition:** 1 capsule

**Method of application:** take 1 portion 1-2 times per day with meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** zinc 50 mg





## CR FORCE CHROMIUM

**CrFORCE (Chromium Picolinate)** biologically active source of chromium in the purest form of chromium picolinate, which burning excess fat, contributes to the formation and maintenance of muscle relief without the fat, stabilizes weight and regulates appetite. **Cr FORCE** improves glucose uptake, simulates the action of insulin and is necessary for carbohydrate metabolism and maintain normal blood sugar levels. **Cr FORCE** is recommended for athletes – individuals bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes, footballers, basketball, volleyball and many other sports.

**Indication:** building and maintaining muscle relief without the fat, the stabilization achieved by weight loss after diet and weight loss, reduces the likelihood of restoration of body fat.

**Portions in the package:** 160 capsules / 160

**The size of single addition:** 1 capsule

**Method of application:** take 1 portion a day during meals.

Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** chromium picolinate 200 mcg.



## MACROMOL

**MACROMOL** –mineral supplement that is designed to meet all the needs of the organism in the minerals in hard practicing athletes! Included in the complex minerals are involved in many biochemical processes that contribute to the growth and reproductive tissues, play an important role in metabolism of oxygen and cleavage of proteins, as well as in cell growth. **MACROMOL** is able to stimulate energetic processes in the muscles.

**Indication:** increased metabolism of protein, more energy, faster recovery of the body after stress.

**Portions in the package:** 80 tablets / 80.

**The size of single addition:** 1 tablet

**Method of application:** take 1 portion 1 times a day after meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** magnesium 20 mg, calcium 15 mg, phosphorus 12 mg, ferrum 10 mg, zinc 3 mg, manganese 1 mg, copper 1 mg, molybdenum 0,1 mg, iodine 50 mcg, selenium 50 mcg



## JOINT PROTECT – CHONDROITINE

**JOINT PROTECT** – highly chondroprotector, which protects your joints and ligaments and makes them stronger, even at maximum loads! **JOINT PROTECT** - the optimal combination of chondroitin sulfate and vitamin C. This product contributes to the intensive regeneration of cartilaginous surfaces and joint capsule, reduces the loss of calcium is actively involved in building the ground substance of cartilage and bone tissue. Stimulates the synthesis of hyaluronic acid, strengthening connective tissue structures, including cartilage. The main components of an extract of shark cartilage - Chondroitin sulfate is 90%. **JOINT PROTECT** is ideal for athletes – individuals bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes, footballers, basketball, volleyball and many other sports.

**Indication:** to improve joint mobility, at fractures, tensile ligaments, tendons, and for increasing the strength of connective tissue.

**Portions in the package:** 160 capsules / 160

**The size of single addition:** 1 capsule

**Method of application:** take 1 portion 3 times a day. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** chondroitin sulfate 400 mg



## JOINT FULL COMPLEX

**JOINT FULL COMPLEX** is designed specifically for people involved in sports or heavy physical work, and the exact same people who have problems with the articular - ligament apparatus. In the process of active physical training and sports, as a rule, special products made to improve the performance of strength, speed, endurance, etc. Implementation of large and intense training loads can cause serious diseases of the joints.

**JOINT FULL COMPLEX** is recommended for athletes – individuals bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for athletes, footballers, basketball, volleyball and many other sports.

**Indication:** to improve joint mobility, at fractures, tensile ligaments, tendons, and for increasing the strength of connective tissue.

**Portions in the package:** 160 capsules / 80

**The size of single addition:** 2 capsules

**Method of application:** take 1 portion (2 capsules) 3 times a day. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:**  
glucosamine - 500 mg, chondroitine - 333,4 mg.



## POWERFUL JOINT

In a sport for achieving high results apply intensive workload. This entails a certain risk of getting injuries (sprains, strain and rupture of ligaments and tendons, disruption of the joints in general: the erasure of cartilage, a decrease of synovial fluid). In order to protect themselves from injury, you should take hyaluronic acid, ie, glucosamine, as athletes by individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., and also for athletes who plays: football, basketball, volleyball and many other sports.

**POWERFUL JOINT** is the basic building material for connective tissue. It participates in the formation of joint cartilage, ligaments, tendons, is present in the walls of blood vessels, bronchi, skin and mucous membranes. This is an important component not only prevents the destruction of cartilage, but is able to restore them. This supplement is perfect not only for professional athletes, but also people who are not related to sports.

**Indication:** prevention of the destruction and restoration of cartilage and connective tissues.

**Portions in the package:** 160 capsules / 160

**The size of single addition:** 1 capsule

**Method of application:** take 1 portion 3 times a day with meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** glucosamine - 450 mg.





## FAT COMPLEX

**FAT COMPLEX** is used by many athletes after a training course on muscle mass during grinding. Therefore recommended a transition to a particular athlete's diet and changes in the training program aimed at splitting the subcutaneous fat and reduced subcutaneous fluid. To do this, athletes used a variety of additional fat burning foods. One such tool is the **FAT COMPLEX** - natural lipotropic formula. The product increases metabolism, reduces weight effectively and significantly reduces the fat content. **FAT COMPLEX** has a balanced formula containing the three most powerful fat-burning components, inositol, choline and chromium picolinate, and along with them - a complex of amino acids L-carnitine, methionine and biotin. This product speeds up metabolism, gives you a huge burst of energy, increases stamina. **FAT COMPLEX** contains no stimulants and is designed to effectively act on the body.

**Indication:** an effective weight loss; the burning of fat; increased metabolism; increase endurance.

**Portions in the package:** 160 capsules / 40

**The size of single addition:** 4 capsules

**Method of application:** take 1 portion (4 capsules) 3 times a day before meals. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** inositol - 200 mg, choline - 400mg, chromium picolinate - 66,6 mcg, L-Carnitine - 200mg, methionine - 100mg, biotin - 600 mg



## Amino ACID L-carnitine

**AMINO ACID L-CARNITINE** - wholly filling wasted energy and promoting increased endurance of organism. **L-CARNITINE** promotes normalization of lipid and protein metabolism, increase muscle mass, more rapid recovery of the body after exercise and generally positive effect on condition of the people, engaged in sports. Recommended for athletes - individuals, bodybuilders, powerlifters, weightlifters, athletes, cyclists, skiers, etc., as well as for sportsmen - players: football players, basketball, volleyball and many other sports.

**Indication:** activates the use of fat for energy production; promotes combustion of subcutaneous fat; increases vital energy and tone up; improves the immune system; removes toxins from the organism.

**Portions in the package:** 160 capsules / 53

**The size of single addition:** 3 capsules

**Method of application:** take 1-3 capsules 1-2 times a day. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients of single portion:** L-carnitine 1200 mg



## Horny goat weed

**HORNY GOAT WEED** - a unique combination of plant extracts, which increases sexual activity of men and women, intensifies the sexual drive, increases endurance and operability during athletic challenges. This is absolutely natural product that can restore healthy sexual function of the organism and to maximize its energy potential. A balanced formula of the drug increases the production of testosterone, increases metabolism of an athlete, improves muscle growth during physical exertion.

**Indication:** activates muscle growth, stimulates sexual activity in both men and women. The drug has no side effects and has a positive effect on health.

**Portions in the package:** 160 capsules / 80.

**The size of single addition:** 1-2 capsules.

**Method of application:** take 1 portion 1-2 times a day. To increase the physical capacity - 2 capsules the same time for 60-90 minutes before training. Dosage, time and method of application are installed trainer or doctor for each athlete.

**Ingredients:** epimedium, 250 mg, serenoa repens fruits - 25 mg, yohimbe-30 mg, rhaponticum carthamoides - 3 mg, tribulus terrestris - 150 mg, hydrocotyle asiatic - 10 mg.







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